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HOLY FAMILY CATHOLIC CHURCH  
CONFIRMATION PREP



## Holy Family Confirmation Program

### THE PRECEPTS OF THE CATHOLIC CHURCH:

- You shall attend Mass on Sundays and Holy days of Obligation
- You shall confess your sins at least once a year.
- You shall humbly receive the Lord Jesus in Holy Communion at least during the Easter season.
- You shall observe the prescribed days of fasting and abstinence.
- The faithful have the obligation of supporting the Church.

The Precepts of the Catholic Church are a description of the absolute minimum actions required of Catholics regarding the Church. The Church uses these precepts to remind us that Christian life requires a commitment to prayer and active participation in the liturgy and sacraments. If we fall below this bare-minimum level, we can't rightly consider ourselves to be in full communion with the Catholic Church.

Each of these precepts of the Catholic Church is a requirement. Together with the Ten Commandments, they represent the minimum level of moral living. Intentional violation of the precepts or the Commandments is a grave matter, meaning a mortal sin.

**Canon Law (Church Law) requires that a person be “suitably instructed, properly disposed, and able renew the baptismal promises” in order to be confirmed. (Can 889 §2.)**

Holy Family's Confirmation Preparation Program is a two-and-a-half-year commitment. Confirmation is conferred in February following the two years of Faith Formation. The following requirements are how we as a parish ensure that you are suitably instructed and properly disposed. If these requirements pose a significant challenge for you, please contact Annamarie Scavelli, and we'll be happy to work with you.

### Annamarie Scavelli

Youth Minister

Holy Family Catholic Church

3401 Lower Roswell Road

Marietta, GA 30068

(770)973-0038 ext. 144

[ascavelli@holyfamilycc.org](mailto:ascavelli@holyfamilycc.org)

<https://www.holyfamilycc.org/high-school-youth-group>

## Holy Family Confirmation Requirements

1. Holy Sacrifice of the Mass – Candidates are expected to attend Mass each week and on Holy days of Obligation as set forth by the Precepts of the Catholic Church.
  
2. Two Years of Faith Formation Attendance - “Youth ordinarily should have attended a Catholic school, a parish religious education program, or a homeschool religious education program for at least two years before enrollment in the free-standing parish Confirmation formation program.”  
~ from the Archdiocesan sacramental guidelines
  - This equates to approximately 80% attendance for faith formation classes in the two years immediately prior to enrollment in Confirmation classes (for example, 80% attendance in 8th and 9th grade would meet this requirement).
  
3. Make Up Absences: We understand that life is unpredictable, and families may face illnesses, accidents, etc. If a class/event is missed, the Youth Minister should be contacted about the nature of the absence. They will work with you to provide make-up work or alternative activities to make-up the class-time.
  
4. Attendance at all Confirmation Classes
  
5. Attendance at the Confirmation Retreat
  
6. Timely submission of all required documentation
  - Timely submission of Confirmation Application and payment of Confirmation Fee
  - Timely submission of Baptism and First Communion certificates (if not received at HF)
  - Timely submission of Sponsor Form, Saint Name, and Reflection
  - Timely submission of Mass Journal
  
7. Attendance to all Sacramental Preparation Meetings
  - Parent attendance at both Confirmation Parent Meetings
  - Rehearsal attendance with sponsor (or parent if sponsor cannot attend)
  - Attendance at Confirmation Mass

**Annamarie Scavelli**

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## Sample Timeline of Program and Requirements

### Year 1:

- Register for Confirmation Year 1
- Parent Attendance at Initial Parent Meeting
- Maintain an attendance rate of 80% or higher for Faith Formation classes
- Attend Year One Confirmation Retreat

### Year 2:

- Register for Confirmation Year 2
- Parent attendance at Initial Parent Meeting
- Maintain an attendance rate of 80% or higher for Faith Formation classes
- Attend Year 2 Confirmation Retreat
- Complete Weekly Mass Journal

### Final Confirmation Prep:

- Submit Confirmation Application and pay Confirmation Fee
- Parent attendance at the final Confirmation Preparation Parent Meeting
- Submit Baptism and First Communion certificates (if not received at HF)
- Submit Sponsor Form, Saint Name, and Reflection
- Attend all Confirmation Prep Classes
- Attend Confirmation Retreat
- Rehearsal attendance with sponsor (or parent if sponsor cannot attend)
- Attendance at Confirmation Mass

## FAQs

*-My child has been attending Faith Formation but hasn't done any additional Confirmation requirements (Mass journal, meetings, retreats etc). Can I still apply for Confirmation Prep?*

If you have already completed the required two years of Faith Formation with an 80% attendance rate or higher, you may register for Confirmation Prep. Please contact the Youth Minister about the other requirements.

*-My child has been attending Faith Formation for several years but has not maintained an 80% attendance rate. Is there any way to make-up the lost classes or should my child attend another year of Faith Formation before applying for Confirmation Prep?*

Contact the Youth Minister. The answer will depend on the situation and the specific attendance rate of the child.

*-My child attended Faith Formation at a different Parish. Can I register for Confirmation Prep at Holy Family?*

The DRE/Youth Minister at your previous Parish needs to send a letter to the Holy Family Youth Minister containing proof of Faith Formation enrollment for two years with an 80% or higher attendance rate in order for you to apply for Confirmation Prep at Holy Family.

*-My child cannot attend or missed a Confirmation Class/Retreat, how can they make it up?*

Absences are handled on a case-by-case basis depending on the nature of the absence. The Youth Minister will be very happy to work with you and your family and provide opportunities to make-up work, classes, retreats, etc when possible. However, we need to be aware of the situation. Please contact the Youth Minister as soon as possible regarding the absence so that they may assist you.

*-My child is a Junior or a Senior and has not been Confirmed yet. Can I apply for Confirmation Prep at Holy Family?*

Contact the Youth Minister. Your child may need to enroll in the RCIA program instead.

***-For any other questions, please contact the Youth Minister:***

**Annamarie Scavelli**

Youth Minister

Holy Family Catholic Church

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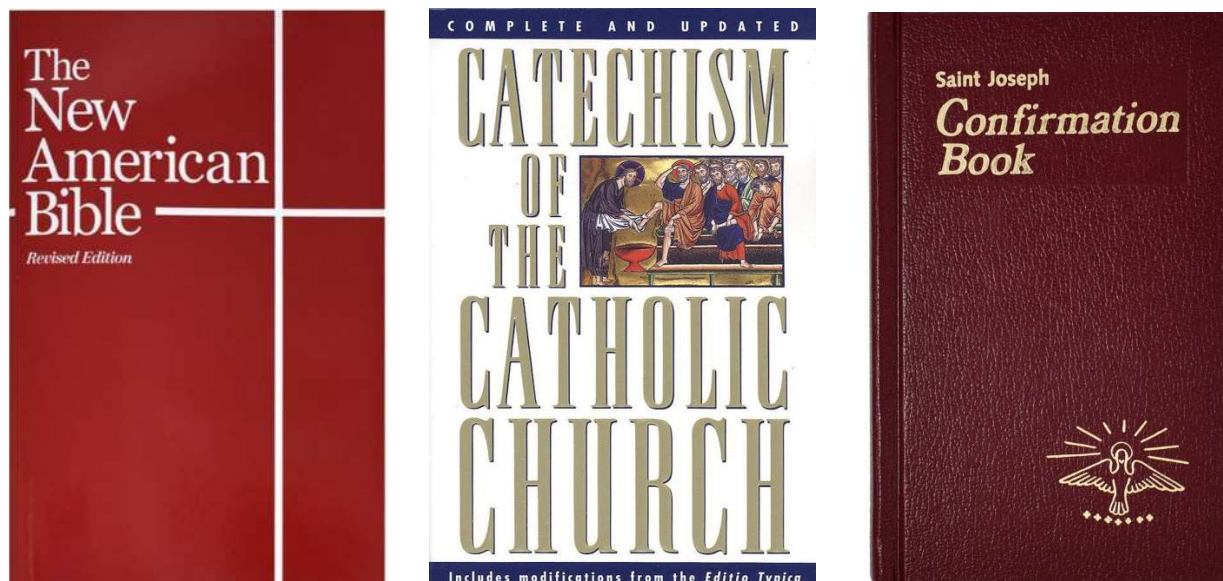
[ascavelli@holyfamilycc.org](mailto:ascavelli@holyfamilycc.org)

## Holy Family Confirmation Curriculum

The following materials comprise the majority of the Holy Family Catholic Church Confirmation Curriculum:

1. The Bible (approved translations of the Bible can be found here: <https://www.usccb.org/offices/new-american-bible/approved-translations-bible>)
2. The Catechism of the Catholic Church
3. The St. Joseph's Confirmation Handbook
4. Formed.org
5. Resources from the United States Council of Catholic Bishops (USCCB.org)

Additional resources may be used in supplemental fashion to the main curriculum (such as books or handouts about the saints). Any supplemental resources will be pulled from accredited Catholic sources.



UNITED STATES CONFERENCE OF  
CATHOLIC BISHOPS

## **Make-Up Work Instructions**

### **LESS THAN 80% ATTENDANCE AT YOUTH GROUP (Year 1 and Year 2)**

Candidates who have less than an 80% attendance rate in a Faith Formation program should contact the Youth Minister. Opportunities to make up those Faith Formation hours will vary by candidate, and may include going on retreats, attending Pizza and Prayer, or completing make-up work at home. Candidates who have missed a large number of classes will need to attend an additional year of Faith Formation.

### **MISSED RETREATS (All Years)**

Confirmation Retreats are a very important part of any Confirmation Curriculum, and all students are required to attend. If for some reason a student must be absent, the retreat can be made up by attending a High School Youth Group retreat at Holy Family, or a Confirmation retreat at a different Parish. Contact the Youth Minister as soon as you know a candidate will be absent, and they will work with you to find a make-up retreat!

### **MISSED CONFIRMATION CLASSES (Year 3/Final Confirmation Prep)**

If a candidate misses a Confirmation Class, they will have the opportunity to do make-up work. The required make-up work will vary depending on which class is missed. Generally, the make-up work will require reading content and watching videos from the Curriculum Resources and answering questions or writing reflections to demonstrate understanding and encourage candidates to interact with the materials. Any content needed to complete the make-up work will either be free to access or already paid for by the registration fees.

After the Youth Minister has been notified of an absence, they will contact the candidate and their parents with the make-up work for that specific class. Make-up work may be completed at any time, but all make-up work must be completed and turned in by the deadline on the calendar.

*\*Please note that when candidates are absent from class, they are missing 2 hours' worth of instructional time. The make-up work may take equal or less time to complete.*

## Rite of Confirmation ~ Sponsor Eligibility Certificate (to be completed by sponsor)

Name of Confirmation Candidate: \_\_\_\_\_

Sponsor's Name: \_\_\_\_\_

Sponsor's Address: \_\_\_\_\_

\_\_\_\_\_

Sponsor's Cell: \_\_\_\_\_

Sponsor's Email: \_\_\_\_\_

Can. 874 §1. To be permitted to take on the function of sponsor a person must:

- 1/ be designated by the one to be [confirmed], ...or in their absence by the pastor or minister and have the aptitude and intention of fulfilling this function;
- 2/ have completed the sixteenth year of age, unless the diocesan bishop has established another age, or the pastor or minister has granted an exception for a just cause;
- 3/ be a Catholic who has been confirmed and has already received the most holy sacrament of the Eucharist and who leads a life of faith in keeping with the function to be taken on;
- 4/ not be bound by any canonical penalty legitimately imposed or declared;
- 5/ not be the father or mother of the one to be [confirmed].

Above is an excerpt from Canon Law (Church Law) about the eligibility for sponsors. Please keep in mind that if an individual is married, his/her marriage must be valid according to Canon Law in order to be a sponsor.

Do you meet **ALL** of these requirements?  YES  NO\*

\*If you checked no, you are not eligible to be a sponsor at this time. Please stop here and inform the Confirmation candidate that he/she must choose a different sponsor.

Name & Address of SPONSOR'S Parish: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(Arch) Diocese: \_\_\_\_\_

Name of SPONSOR'S Pastor: \_\_\_\_\_

In addition to this completed form, please provide either a recent baptismal certificate **with notations of all other Sacraments received** or a letter of good standing from your pastor **on parish letterhead with the parish seal.**



## Saint Report Guidelines

**Assignment:** Write a report on the Saint you have chosen for Confirmation. This assignment is designed not only to help you learn about your Saint, but to reflect on why you chose them.

### Length & Typeface:

- Minimum of one and a half pages or 700 words.
- Single-spaced
- Times New Roman, 12 point font (should not be handwritten unless necessary).
- Candidate full name, saint name, and date at the top of the page.

**Guidelines:** Do not copy and paste from Wikipedia or other websites, or use ChatGPT or other AI software.

### Please answer the following questions:

1. The saint I chose to pray to and imitate in my preparation for Confirmation is: (be sure to use the saint's COMPLETE name...ie. St. Francis of Assisi, there may be many saints with the same first name, so specify!)
2. When was this saint canonized or beatified by the Catholic Church? Does your saint have a feast day? If so, what is the date?
3. If your saint is a patron saint, what of?
4. Write a summary of your saint's life story. Helpful information to include may be:
  - when in history did this saint live?
  - where did this saint live?
  - what difficulties and struggles did this saint encounter?
  - how did this saint follow Jesus in the way he or she lived?
  - how did this saint become holy?
  - how did this saint die?
5. Why did you choose this saint, why are they meaningful to you?
6. How could you imitate this saint today? Be specific!

**You may print out your Saint Report and turn it into the Youth Minister or email it in to [ascavelli@holyfamilycc.org](mailto:ascavelli@holyfamilycc.org)**



# Confirmation Mass Journal Sample

*Holy Sacrifice of the Mass – Candidates are expected to attend Mass each week and on Holy days of Obligation as set forth by the Precepts of the Catholic Church. (CCC 2402)*

**Instructions:**

In this journal is an entry for each Sunday Mass and Holy Day of Obligation for a full academic year. When candidates attend Mass, they should fill out the necessary information and then have the presiding priest sign the journal.

If a candidate cannot attend Mass, please provide the reason for the absence (illness, lack of transportation, etc.).

If the Mass is not attended at Holy Family, please provide the name of the Parish.

There are five "Check-In" dates when the candidate should bring their journal to Youth Group to signed by the Youth Minister or a Confirmation Catechist. These dates are noted on the Year 2 Confirmation Calendar and in this journal.

For any questions, please refer to the back of this pamphlet or contact the Youth Minister.

**Example Entry:**

Mass: Twenty-second Sunday in Ordinary Time, September 1st

Church Attended (if not Holy Family) \_\_\_\_\_

Mass Time: 10:30AM

Name of Presiding Priest: Fr. Miguel

Priest Signature: \_\_\_\_\_



(If Mass is not attended) Reason of Absence: \_\_\_\_\_

Mass: Twenty-second Sunday in Ordinary Time, September 1st

Church Attended (if not Holy Family) \_\_\_\_\_

Mass Time: \_\_\_\_\_

Name of Presiding Priest: \_\_\_\_\_

Priest Signature: \_\_\_\_\_

(If Mass is not attended) Reason of Absence: \_\_\_\_\_

Mass: Twenty-third Sunday in Ordinary Time, September 8th

Church Attended (if not Holy Family) \_\_\_\_\_

Mass Time: \_\_\_\_\_

Name of Presiding Priest: \_\_\_\_\_

Priest Signature: \_\_\_\_\_

(If Mass is not attended) Reason of Absence: \_\_\_\_\_

Mass: Twenty-fourth Sunday in Ordinary Time, September 15th

Church Attended (if not Holy Family) \_\_\_\_\_

Mass Time: \_\_\_\_\_

Name of Presiding Priest: \_\_\_\_\_

Priest Signature: \_\_\_\_\_

(If Mass is not attended) Reason of Absence: \_\_\_\_\_